

Create your **FREE** portal account using your smartphone and you can access your medical records before you leave our office!

GET STARTED

IT'S AS EASY AS 1, 2, 3.



Check your personal records anywhere, anytime using a computer, smartphone or tablet.



Make more informed health decisions for yourself and your family.



Save valuable time with online communication and scheduling tools.



Manage your entire family's healthcare in one spot.



1

Click the **registration link** in the email you receive from **noreply@followmyhealth.com**.

2

Create your **portal login** using a unique username and password.

3

Enter the **invitation code** provided by your medical organization and click "Agree" to the release of information.



You will receive two emails:

- one welcoming you to the portal
- one confirming your connections with our organization

You now have 24/7, secure online access to our patient portal and your medical information!

Access your medical information on the go!

Download the free portal app at your Apple or Android store. Enter FollowMyHealth in the search field.



[HTTPS://FORTWORTHENT.FOLLOWMYHEALTH.COM](https://fortworthent.followmyhealth.com)



ACCESS YOUR MEDICAL INFORMATION ONLINE

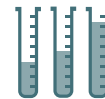


**6401 Harris Parkway, Suite 130
Fort Worth, Texas 76132**

Welcome to the all-in-one personal health record and patient portal that lets you access your health information online and on the go!

To login to your medical information, visit

[HTTPS://FORTWORTHENT.FOLLOWMYHEALTH.COM](https://fortworthent.followmyhealth.com)



View test and lab results



Send and receive secure online messages



Request Rx refills



Schedule appointments



Receive email care reminders



Set up proxy accounts for children and dependent adults

24/7 online access from any computer, smartphone or tablet!