

Create your **FREE** portal account using your smartphone and you can access your medical records before you leave our office!

# GET STARTED

IT'S AS EASY AS 1, 2, 3.



**Check your personal records anywhere, anytime** using a computer, smartphone or tablet.



**Make more informed health decisions** for yourself and your family.



**Save valuable time** with online communication and scheduling tools.



**Manage your entire family's healthcare** in one spot.



1

Click the **registration link** in the email you receive from **noreply@followmyhealth.com**.

2

Create your **portal login** using a unique username and password.

3

Enter the **invitation code** provided by your medical organization and click "Agree" to the release of information.



### You will receive two emails:

- one welcoming you to the portal
- one confirming your connections with our organization

You now have 24/7, secure online access to our patient portal and your medical information!

### Access your medical information on the go!

Download the free portal app at your Apple or Android store. Enter FollowMyHealth in the search field.



[HTTPS://FORTWORTHENT.FOLLOWMYHEALTH.COM](https://fortworthent.followmyhealth.com)



# ACCESS YOUR MEDICAL INFORMATION ONLINE

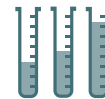


**1250 8th Avenue, Suite 135  
Fort Worth, Texas 76104**

Welcome to the all-in-one personal health record and patient portal that lets you access your health information online and on the go!

To login to your medical information, visit

**[HTTPS://FORTWORTHENT.FOLLOWMYHEALTH.COM](https://fortworthent.followmyhealth.com)**



View test and lab results



Send and receive secure online messages



Request Rx refills



Schedule appointments



Receive email care reminders



Set up proxy accounts for children and dependent adults

**24/7 online access from any computer, smartphone or tablet!**