

TYMPANOPLASTY/MASTOIDECTOMY/STAPEDECTOMY POST OPERATIVE INSRUCTIONS

- Keep ear dry for 2 weeks.
- Rest for 1 week. Resume normal activity as soon as possible.
- No heavy (Aerobic) physical activity for 2 weeks
- You may drive when you are off the pain medicine and dizziness has resolved.
- Take the pain medication as needed for pain
- Return to clinic in 2-3 weeks for follow up visit.

WHAT TO EXPECT:

Bleeding	There should be minimal bleeding
Dressing	You may have a large bulky dressing for one day, then change to a cotton ball.
Dizziness	You may some dizziness for one week
Pain	There will be mild to moderate pain. Take the pain medication as needed.
Nausea	Can last for 24 hours
Temperature	Mild elevation for 48 hours is normal